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# CO 604 Using Diagnostic Information to Facilitate Treatment Planning

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**CO604 Using Diagnostic Information to Facilitate Treatment Planning**  
**January 2003**  
**Carol B. Saenger, M.S., L.P.C.C., Adjunct Professor**

**Maximum Enrollment: 30**

**One Hour Credit**

**Prerequisites: CO601 and MA Counseling Status**

In order to function as a competent clinician, one must develop competence in diagnosing and effectively treating a variety of problems with which they are confronted. In order to do this one must be thoroughly familiar with a variety of treatment modalities. This course is designed to provide students with an introduction to assessment, clinical diagnosis and treatment planning. Students will have an opportunity to become acquainted with material relevant to treatment issues both from a Christian historical perspective and current knowledge.

As a result of completing this course, students shall:

1. Become familiar with principles for applying Christian thought to the field of counseling.
2. Learn how to conceptualize cases from various theoretical perspectives.
3. Develop the ability to think like a clinician using relevant diagnostic information.
4. Value a collegial process in the development of treatment plans.
5. Learn how to develop and implement treatment plans including cultivating the ability to assess progress and formulate timelines.
6. Learn the value of and how to keep effective treatment records.
7. Understand how to effectively utilize supervision to facilitate quality treatment.
8. Understand the role of psychotropic medications and mood altering chemicals in the treatment of mental and emotional disorders.
9. Understand how to make appropriate treatment referrals.

**Text**

**Seligman, Linda (1996). Diagnosis and Treatment Planning in Counseling. New York: Plenum Press.**

**Requirements**

1. Active participation in class sessions. **Class participation will compose twenty percent (20%) of the grade.**

2. Reading Requirements. Additional reading should amount to 400 pages, including the text. Your class participation will reflect your reading and will be included in the 20% of your grade. At the end of the January term, you will be required to submit a list of books, articles, etc. with the number of pages you have read.

3. Punctual class attendance is required. Students should limit their absences to emergency cases such as illness, family emergencies, etc. If you should have to be absent, please notify the professor either through e-mail (Carol\_Saenger@asburyseminary.edu or cbsaenger@aol.com) or call (502)875-8853. Make up assignments will be assigned for missed classes.

4. Students shall be assigned 2 cases for which they shall do the following:

Complete a multi-axial diagnosis of the case.

Write a complete treatment plan indicating treatment strategies with appropriate timeline for completing treatment. Students should include relevant Christian treatment strategies where appropriate.

**Diagnosis and Treatment Plan 1 - 40% of the grade**

**Diagnosis and Treatment Plan 2 - 40% of the grade.**

## **Evaluation**

Course assignments shall be graded using the following grade ranges:

A	93	C	73
A-	90	C-	70
B+	87	D+	67
B	83	D	63
B-	80	D-	60
C+	77	F	Below 60

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## **Schedule and Topics**

**January 9, 2003**

**Tools for Treatment in Therapy**

Conducting Intake Interviews - Seligman Chapter 5

Writing and Record Keeping - Seligman Chapter 10

Using Supervision in Counseling

**January 16, 2003**

**Diagnosis and Treatment Planning**

Video and Discussion: Psychopathology and Psychotherapy:

Diagnosis and Treatment  
Assessment: Using Diagnostic Tools  
Diagnostic Systems and Their Use -- Seligman Chapters 3 and 4

**January 23, 2003      Theories and Techniques of Individual Counseling**  
Nature and Importance of Treatment Planning -- Seligman Chapters 6 & 7  
Developing Treatment Plans  
    Individual  
    Couples  
    Families -- Seligman Chapter 8  
    Groups -- Seligman Chapter 9

**January 30, 2003      Treating Emotional Disorders**  
Videos and discussion: The Abused Woman  
The Power of Addiction  
Treating Borderline Personality Disorder  
**Diagnosis and Treatment Plans 1 and 2 Due**  
**Reading List Due**

**Note:** This syllabus is subject to change if course-enhancing opportunities arise for guest lecturers, special presentations, etc.